

**SUNDAY MORNING • 1 & 2 Thessalonians**  
**Live in Light of the Day of the Lord**  
**1 Thessalonians 5**

1. In 5:2, Paul references "the day of the Lord." What is this "day" and why does he describe it in this way?
2. When you think of an event occurring "like a thief in the night," what comes to mind?
3. Paul describes Christians as "children of light, children of the day" (5:5). What does this mean?
4. In what way is "sobriety" an integral part of living as children of light (5:6-8)?
5. When you think of "the breastplate of faith and love" and "the helmet of the hope of salvation" (5:8), what ideas or principles come to mind?
6. What should we make of Paul's bold assertion in 5:9-10?
7. Whom does Paul have in mind in 5:12-13? Practically speaking, how do disciples of Christ fulfill this calling?
8. In your own words, what does it mean to (5:14):
  - ▶ Admonish the idle -
  - ▶ Encourage the fainthearted -
  - ▶ Help the weak -
  - ▶ Be patient with them all -
9. How would you characterize the short, powerful statements of the Spirit in 5:15-22?
10. "Now may the God of peace himself sanctify you completely..." (5:23). What does this mean?