

## **Laity Engaging Laity (LEL) Reflection**

<http://www.diocs.org/OurFaith/LaityEngagingLaity.aspx>

### LEL Mission

***“To help laity impact the culture by developing their faith more deeply and living it as strong witnesses in every area of their lives”***

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October 18, 2014

### **Arise My Beloved: A Call To Relationship With Jesus**

***“Arise in Jesus’ Teaching on Serving”***

- **Spiritual Reflection: 2014 Review, Growth In Relationship With Jesus** (see handout)
  - January: Arise in Friendship - Jesus desires relationship with you, the soil of your heart is made from your desire for this relationship
  - February: Arise in Deeping Friendship - hearing your soul through listening to your body and identifying your projections
  - March: Arise in Forgiveness - seeking forgiveness of yourself and others where projections and distortions were uncovered
  - April: Arise in Jesus’ Healing Power of Surrender - surrendering your attachments in order to grow in spiritual wholeness
  - May: Arise in Jesus’ Healing Power of Touch - healing grace can be received through the power of healing touch
  - June: Arise in Jesus’ Healing Power of Thought - recognizing the Mind of Christ in the Beatitudes and how well you live them in your life
  - July: Arise in the Mind of Christ - examining how we live the Mind of Christ through our spiritual distortions
  - August: Arise in Jesus’ Teaching on Listening - knowing the four steps of spiritual listening; Know yourself; Self-examination; Prayer; Listening and responding - importance of listening highlighted in the Shema, “Listen, O Israel, the Lord is our god; the Lord in One” (Dt 6:4)
  - September: Arise in Jesus’ Teaching on Suffering - connecting with your inner child to experience the place within that carries your innocence and faith; your perception of the meaning of suffering and how you react and respond to it as formed in your childhood
  - October: Arise in Jesus’ Teaching on Serving - serving out of your personal desire for relationship with Jesus
- **Servant Leadership** (see handout)
  - Ten characteristics of a Servant Leader (e.g., Willingness and commitment to serving others)
  - Cultural values of leadership differ from Jesus’ view (e.g., self-sufficiency vs allowing others to wash my feet per Jn 13:8)
  - A commitment to serving benefits relationships in at least six ways (e.g., sense of belonging)
- **Small Group**
  - Discerning a gift from God to us and how we can give that gift away to others
- **Additional Reading/Handouts:**
  - LEL Reflection - Serving, Oct 14
  - LEL Agenda - Oct 14
  - Journaling Questions - Oct 14
  - Traits and Spiritual Examens, Jan-Oct 14
  - Servant Leadership
  - 2014 Summary
  - Feedback Sheet - Oct 14