

## **SOME SUGGESTED BROCHURE AND WEB SITE CONTENT (MODIFY TO YOUR AGENCY'S NEEDS)**

### **What is Behavioral Health Home Care?**

- The Behavioral Health Home Care Program assists patients and families who are broken and wounded by mental illness to move towards wholeness
- Billable under Medicare

### **Goals of the BEHAVIORAL HEALTH HOME CARE PROGRAM (ROAD TO WHOLENESS) (YOUR PROGRAM) Program**

- Transition patients from acute levels of care to home and community
- Increase medication and treatment compliance
- Decrease Hospitalizations and Emergency Services Utilization
- Improve functional ability
- Improve client's knowledge base about medications, staying well, their illness, relapse prevention, and community resources
- Prevent inexpensive inpatient hospitalization
- Decrease symptoms
- Increase patient's quality of life and overall health management

XXXX Behavioral Health/Mental Health home care services to homebound adults. Services are provided by a multidisciplinary team who provides comprehensive short-term intermittent home health services. The team is made up of Psychiatric-Mental Health Nurses, Social Workers, Physical, Speech and Occupational Therapists and Home Health Aides who can meet the holistic needs of the client.

### **Services Provided:**

The following services are provided by comprehensive multidisciplinary team of psychiatric nurses, socials workers, therapists (Speech, Occupational and Physical Therapists) and Home Health Aides;

- Comprehensive assessment and individualized treatment planning
- Medication management and education

- Individual and family supportive psychotherapy
- Blood level monitoring of psychotropic medications
- Linkage to Community services
- Behavior Management
- Education of Disease Process
- 24 Hour telephone support
- Family education
- Care management and Community Linkages

### **Who is Appropriate for Services? Admission criteria**

- 1-Must have a primary psychiatric diagnosis (or a medical and psychiatric diagnosis)
- 2-Must be under the care of a physician
- 3-Must require the skills of a behavioral health nurse
- 4-Must be homebound

### **Exclusion Criteria**

- 1-Client is a danger to self or others
- 2-Clients who is actively using drugs/alcohol and not engaged in substance abuse treatment

### **Homebound Adults who have one of the following:**

- Newly diagnosed Adults with Psychiatric Diagnoses
- Clients on new psychotropic medication
- Clients who have difficulty connecting to traditional mental health services
- Clients who have issues with medication compliance
- Clients who have difficulty leaving their home
- Clients who are frequently hospitalized with psychiatric diagnoses

### **Diagnoses commonly seen in the Adult Homebound Population**

Depression  
Anxiety Disorders

Schizophrenia  
Bipolar Disorders  
Dementia and Alzheimer's disease

### **Psychiatrically Homebound-**

If a patient is unable to consistently and independently access psychiatric follow up. He/she may be considered homebound. Demonstrated by the following behaviors and conditions

- Impaired reality – should not leave home without supervision
- Disoriented
- Confused
- Behavior poses risk to self/others
- Uses assistive device (cane, walker, wheelchair, braces)
- Limited endurance related to medical diagnosis (SOB)
- Impaired judgment
- Leaving home is not possible without taxing effort
- Agoraphobic
- Depressed
- Anxious