

Laity Engaging Laity (LEL) Reflection

<http://www.diocs.org/OurFaith/LaityEngagingLaity.aspx>

LEL Mission

"To help laity impact the culture by developing their faith more deeply and living it as strong witnesses in every area of their lives"

Apr 26, 2014

Arise My Beloved: A Call To Relationship With Jesus

"Arise in Jesus' Healing Power of Surrender"

- The Spiritual reflection - Surrender is the intersection between acceptance and change
 - Spiritual illness occurs when space belonging to God is filled with other relationships
 - Three temptations of Christ
 - Self-satisfied hunger: temptation to Pleasure and Possessions
 - Self-glory: temptation to Prestige
 - Self-power: temptation to Power
 - Antidote is dying to self, surrender to transformation (humility, vulnerability)
- Healing Power of Surrender (see handout)
 - Why surrender?
 - For spiritual health, right relationship with Jesus
 - For the joy and peace that comes from the Holy Spirit
 - The way the world tells us to find joy and peace (wrong way)
 - Immediate gratification
 - Busyness and self-absorption - distracts us, not serving God and others
 - Power (dominance), prestige (reputation), pleasure for its own sake, possessions (more is better)
 - Process of surrender
 - Ask for desire to turn life over to God, acknowledge we belong to God not ourselves
 - Serve God and others
 - Examine ourselves and pray for willingness and direction to make changes
 - Take daily moral inventory, make amends for past failures, correct current weaknesses
 - Pray - use the Morning Offering to start the day
 - Surrender heals relationships with God and others - good relationship is not about control
- Small Group - reflect on and discuss three questions
 - "I am the way, the truth and the life" (Jn 14:6) - What does Jesus mean by truth?
 - When did you or someone you know suffer because he/she could/would not recognize truth? or When did recognition of truth bring peace?
 - How is the practice of surrender related to truth?

Additional Reading/Handouts:

- LEL Reflection - Surrender, Apr 26, 2014
- LEL Agenda - Apr 26, 2014
- Healing, Surrender Handout
- Spiritual Journaling Questions
- Feedback Sheet - Apr 26, 2014