

## **Laity Engaging Laity (LEL) Reflection**

<http://www.diocs.org/OurFaith/LaityEngagingLaity.aspx>

### **LEL Mission**

***"To help laity impact the culture by developing their faith more deeply and living it as strong witnesses in every area of their lives"***

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May 17, 2014

### **Arise My Beloved: A Call To Relationship With Jesus**

**"Arise in Jesus' Healing Power of Touch"**

- **The Spiritual reflection**
  - Summary of Jan-May 14 spiritual reflections
    - Jan: preparing our "soil" for relationship/friendship, need the "desire" for relationship
    - Feb: Awareness of the Spirit moving in us, of our body intensity
    - Mar: Examine our awareness in light of forgiveness
    - Apr: The temptations of Jesus and their relationship to us, detachment
    - May: Space for the Holy Spirit to touch us and work in us to touch others
  - Healing Rosary with decades focused on: Desiring and risking closeness - Reaching out for healing - Receiving the fire of healing - Owning my need for healing touch - Healing faith
- **Healing Power of Touch** (see handout)
  - Importance of the Body - Theology of the Body
    - As persons we are Body and Soul, body is not just a shell with us in it
    - The Body is the means by which we are present in the world and can love
    - The Body is capable of revealing God, we are Temples of the Holy Spirit
  - Physical healing and touch
    - Jesus healed through touch and gave that power to his apostles
    - Medical science recognizes the ability of touch to physically heal
    - Priests have a special ability to heal through the sacrament of Anointing of the Sick
    - Laity can heal through prayer and the Charism of Healing
  - Bodily touch also heals and deepens relationship
    - People went to Jesus just to be close, to touch and be touched
    - Touch is a communication beyond words, promotes more open communication, makes us "present" to others
    - Touch is also a "Love Language" for many people
- **Small Group** -
  - Reflect on 16 pictures that could denote "touch" and see which ones reflect our concepts of touch as expressed by several phrases: Touched by the Lord; I Touch; Changed by Touch; I am a sign of your life with us now; I am Touched.

### **Additional Reading/Handouts:**

- LEL Reflection - Surrender, May 17, 2014
- LEL Agenda - May 17, 2014
- Healing, Touch Handout
- Journaling Questions
- Friendship Traits, Jan-May 14
- Feedback Sheet - May 17, 2014