

Laity Engaging Laity (LEL) Reflection

<http://www.dioccs.org/OurFaith/LaityEngagingLaity.aspx>

LEL Mission

"To help laity impact the culture by developing their faith more deeply and living it as strong witnesses in every area of their lives"

May 17, 2014

Arise My Beloved: A Call To Relationship With Jesus

"Arise in Jesus' Healing Power of Touch"

- The Spiritual reflection
 - Summary of Jan-May 14 spiritual reflections
 - Jan: preparing our "soil" for relationship/friendship, need the "desire" for relationship
 - Feb: Awareness of the Spirit moving in us, of our body intensity
 - Mar: Examine our awareness in light of forgiveness
 - Apr: The temptations of Jesus and their relationship to us, detachment
 - May: Space for the Holy Spirit to touch us and work in us to touch others
 - Healing Rosary with decades focused on: Desiring and risking closeness - Reaching out for healing - Receiving the fire of healing - Owning my need for healing touch - Healing faith
- Healing Power of Touch (see handout)
 - Importance of the Body - Theology of the Body
 - As persons we are Body and Soul, body is not just a shell with us in it
 - The Body is the means by which we are present in the world and can love
 - The Body is capable of revealing God, we are Temples of the Holy Spirit
 - Physical healing and touch
 - Jesus healed through touch and gave that power to his apostles
 - Medical science recognizes the ability of touch to physically heal
 - Priests have a special ability to heal through the sacrament of Anointing of the Sick
 - Laity can heal through prayer and the Charism of Healing
 - Bodily touch also heals and deepens relationship
 - People went to Jesus just to be close, to touch and be touched
 - Touch is a communication beyond words, promotes more open communication, makes us "present" to others
 - Touch is also a "Love Language" for many people
- Small Group -
 - Reflect on 16 pictures that could denote "touch" and see which ones reflect our concepts of touch as expressed by several phrases: Touched by the Lord; I Touch; Changed by Touch; I am a sign of your life with us now; I am Touched.

Additional Reading/Handouts:

- LEL Reflection - Surrender, May 17, 2014
- LEL Agenda - May 17, 2014
- Healing, Touch Handout
- Journaling Questions
- Friendship Traits, Jan-May 14
- Feedback Sheet - May 17, 2014